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**Total Pages : 3** 

# 7320/N

#### J-23/2110

### **COMMUNITY NUTRITION**

Paper-IV

Semester-I

Time allowed : 3 Hours] [Maximum Marks : 54

Note: The candidates are required to attempt two questions each from Section A and Section B carrying 8 marks each and entire section C is compulsory consisting of 11 short answer type questions of 2 marks each.

### SECTION-A

- 1. Describe the factors affecting the food consumption pattern of a community. 8
- 2. Discuss various measures to solve the problem of Malnutrition. 8
- 3. Discuss Environmental & Socio-cultural Factors causing Malnutrition. 8

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4. Describe various health policies to promote the nutritional status of children in India. 8

### **SECTION-B**

- Give objectives of Nutrition education and discuss the various methods of nutrition education of the community.
- 6. Discuss the factors to be considered for conducting Diet Surveys. Explain Food list and Questionnaire method.
- What do you understand by term Nutritional Status? List various methods for assessing the nutritional status of the family. Explain Anthropometric measurements.
- 8. Discuss principles of planning, executing, and evaluating Nutrition Education Programme. 8

#### **SECTION-C**

9. Write short notes on the following :  $2 \times 11=22$ 

 $\mathbf{2}$ 

- (i) Poverty and Malnutrition
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## (ii) Role of ICMR

# (iii) Objectives of Nutrition Education Programme

- (iv) Food Balance Sheets
- (v) Role of UNICEF
- (vi) Nutritional Anaemia

## (vii) Fortification of foods

## (viii) Food availability

- (ix) Protein Energy Malnutrition
- (x) Biochemical Examination
- (xi) Mid-Day Meal Programme

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