

Roll No. ....

Total Pages : 3

**10482/N**

**M-36/2110**

**MATERNAL AND CHILD NUTRITION**

Paper-III

Semester-III

Syllabus-(Dec-2019)

Time allowed : 3 Hours] [Maximum Marks : 54

**Note:** The candidates are required to attempt two question each from section A and B Section C will be compulsory.

**SECTION-A**

1. Describe the complications of pregnancy and impact of malnutrition on pregnancy. 8
2. Discuss the physiological changes during lactation and role of hormones in milk production. 8
3. Explain the importance of maternal nutrition during pregnancy on the nutritional status of a newborn. 8

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**[P.T.O.**

4. What are the advantages and disadvantages of breast feeding ? What points should the mother keep in mind while breast feeding the baby?

**SECTION-B**

5. Describe in detail about different types of supplementary foods given during weaning of a baby. 8
6. Discuss the concept of GOBI for better health of a child. 8
7. What are the objectives of ICDS ? Explain the various services provided by ICDS. 8
8. How can you monitor the growth and nutritional status of children? 8

**SECTION-C**

9. Write answers in short : 2×11=22
  - (i) Code on Breast feeding
  - (ii) Immunization

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- (iii) Advantages of weaning
- (iv) PIH
- (v) Functions of Placenta
- (vi) Why Anemia is common during Pregnancy?
- (vii) Main components of Breast Milk.
- (viii) Advantages of colostrum
- (ix) Define the term 'Pica.'
- (x) Feeding of premature baby.
- (xi) Do premature babies need special formula?