

**Name:** Ms Mandeep Kaur

**Designation:** Assistant Professor

**Specialization:** Health Physical Education & Sports

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**Education**

**M.P.Ed (2009) Prof. Gursewak singh Govt. College of Physical Education Patiala**

**M.Phil – Biotechnology (2010): Singhania University Rajsthan**

**Professional Experience:**

**Assistant Professor:** Department of Physical Education & Sports , M.M. Modi College, Patiala, India 1 August 2010 to Till Date

**Teaching Interests:**

- Bio-Mechanics
- Psychology
- Anatomy
- Physiology
- History & Principle of Physical Education & Sports

**Research Interest:**

Physiology

India Inter-University Team Manager

Punjabi University Judo Championship 2010-11 (Girls) Team Manager Held at Tilak Maharashtra University Pune Maharashtra

Punjabi University Taekwondo Championship 2014-15(Girls & Boys) Team Manager Held at Panjab University Chandigarh

Punjabi University Fencing Championship 2015-16( Boys & Girls)Team Manager Held at Panjab University Chandigarh

Punjabi University Boxing 2015-16 Championship (Girls) Team Manager Held at Kurukshetra University Kurukshetra

Punjabi University Wushu Championship 2017-18(Boys & Girls) team Manager Held at Punjabi University Patiala

Punjabi University Weight Lifting Championship 2018-19(Girls) Team Manager held at Guntur University Tamil Nadu

Shaheed-E-Asam Sr Bhagat Singh Senior State Games 2015-16 As a Team Manager Patiala Boxing Girls Team held at Shri Anandpur Sahib

Punjabi University Malkhamb & Gymnastics Championship 2015-16(Boys & Girls) Team Manager

### **Conferences / Seminars Attended:**

- Attend International Conference on Psychology in Contemporary Sports Health and Fitness Perspective “Fatigue in Sports” Organized by Sports Department Punjabi University Patiala from 28 to 30 Nov. 2019
- Attended One Day Webinar “ Challenges and Opportunities During Covid-19” organized by Department of Sports on 11-7-2020 at 10:30 am
- **Participated One Day Webinar in “Pandemic General Awareness Quiz (Online)” organized by NSS Department of SBAS Khalsa College Sandaaur (Sangrur) on Sunday 24 May 2020**

**Attended One Day E- Quiz Competition organized by Govt. of Karnataka and Department of Physical Education & Sports IQAC Jointly Organized E-Quiz Competition from 28 May 2019**

- Attended One Day Webinar on “Impact of Covid-19 Pandemic on Indian Economy” organized by Department of Economics S.D. College Barnala on 28 July 2020
- Attended National Multidisciplinary E-Conference organized by Department of research science & Application Under Aegis of IQAC, SBBS University Jalandhar on 13 July 2020
- **Attended National Webinar Subjective Well Being-A Psychological Approach” Organized by Department of Physical Education & Sports and IQAC Swami Ganga Giri Janta Girls College , Raikot, Ludhiana on 29 October 2020**

- Attended Yoga camp & Workshop “INTERNATIONAL DAY OF YOGA” organized by Department of Physical Education Punjabi University Patiala on 21<sup>st</sup> May 2016 to 21<sup>st</sup> June 2016

**Trainings attended/ Workshop**

- Education Institutions organized by M.M. Modi College, Patiala (April 28, 2014).
  - 15 Day UGC Sponsord Faculty Development Programme on organized by M.M. Modi College, Patiala (April 28, 2014).
- 7 Day UGC Sponsord Faculty Development Programme on organized by M.M. Modi College, Patiala (9-16 January, 2017).