

Name: Dr. Nishan Singh

Designation: Assistant Professor/ Sports Officer

Specialization: Physical Education & Sports

Email: nishanchauhan@ymail.com

Contact Number: +91- 9501024375



Education

Diploma in Sports Coaching (2000, NSNIS Patiala)

M.P.ed (2002, Punjabi University, Patiala),

M.Phil. (2008) Bhartiya University Chennai

Ph.D. (30th July, 2019, Punjabi University, Patiala)

Title of Ph. D Thesis: Study of Psycho- Social Characteristics of Volleyball Players.

Professional Experience:

Department of Physical Education & Sports, M.M. Modi College, Patiala, India (04 August, 2003 to till date)

Teaching Interests:

- Sports Training
- Anthropometry
- Bio-mechanics

Research Interest:

Sports Training, Plyometrics Training & Nutrition

Publications

1. Nishan Singh and Nishan Singh Deol (2016) The study of effect of sand training on jump abilities of university level volleyball players. *online International Interdisciplinary research Journal*. ISSN: 2249-9598; 6 (1): 224-228. <http://oiirj.org/oiirj/blog/2016/01/31/volume-vi-jan-2016-special-issue/>
2. Nishan Singh and Gurpreet Singh Kang (2018) study of psycho-social Characteristics of volleyball Players. *online International Interdisciplinary research Journal*. ISSN: 2249-9598; 8(8): 152-158. <http://oiirj.org/oiirj/blog/2018/08/05/volume-08-aug-2018-special-issue/>

Conference / Seminars

A) Paper presented:

1. Nishan Singh. The study of effect of sand training on selected motor abilities of university level volleyball players. National Conference on Holistic Approach to Health and Fitness, Punjabi University, Patiala. (18-19 February 2008).
2. Dr. Nishan Singh "Evaluation of mental Toughness Between Inter-University And Inter-College Level Of Male Judo Players" International Conference on Psychology in Contemporary Sports, Health and Fitness Perspective Organized by : Department of Physical Education, Punjabi University, Patiala (28th to 30th November, 2019)

B) Attended

1. Educon 2005 International Conference on GATS & EDUCATION from 28th to 30th December 2005 organised by Department of Education & Community Service and All India Association for Educational Research
2. Workshop on "Rule-Updating and New Techniques of Games/Sports included in the A.I.U. Competition Calendar organized by the Department of Sports, Punjabi University Patiala from 30-05-2006 to 01-06-2006
3. . National Seminar on "Emerging Trends In Physical Education" 19-20th December 2006 Department of Physical Education Punjabi University Patiala.
4. National Workshop on "Kinanthropometry and Soft Tissue Manipulations" organized by the Department of Physical Education, Punjabi University, Patiala on 17 February 2008.
5. National Conference on "HOLISTIC APPROACH TO HEALTH AND FITNESS" organized by the Department of Physical Education, Punjabi University, Patiala from 18-19 February 2008.
6. International Conference on Futuristic Trends in Physical Education (ICFTPE) UGC Sponsored January 24th to 26th 2013 Department of Physical Education Punjabi University, Patiala.
7. International Seminar on Sports Science: Challenges and Endeavours at Department of Sports Science, Punjabi University, Patiala held from 9th to 10th February 2015

8. One Day Webinar on “Importance of Psychological and Physical aspects in Volleyball Players” organized by Department of Sports, Shri Shivaji Law College ,Parbhani on Thursday ,May 7th 2020.

Workshops and training courses

- 1 Attended Theme “Special Camping Programme” under National Service Scheme of Punjabi University Patiala at Multani Mal Modi College Patiala from 22-12-2006 to 31-12-2006.
- 2 Attended Theme “Healthy Youth for Healthy India” under National Service Scheme of Punjabi University Patiala at Multani Mal Modi College Patiala from 22-12-2007 to 31-12-2007.
- 3 Attended 40th Refresher Course at Academic Staff College, Punjabi University , Patiala (19 Feb to 11 March 2014)
- 4 Attended UGC Sponsored Faculty Development Programme at Multani Mal Modi College, Patiala. (1-15 July, 2014)
- 5 Attended UGC Sponsored Faculty Development Programme at Multani Mal Modi College, Patiala. (9-16 January, 2017)
- 6 Attended Theme “Swachh Bharat Swasth Bharat” under National Service Scheme of Punjabi University Patiala at Multani Mal Modi College Patiala from 01-01-2016 to 07-01-2016.
- 7 Attended UGC Sponsored Faculty Development Programme on “Emerging Issues & Challenges in Higher Education” from 20th July to 26th 2019 Organised by Internal Quality Assurance Cell (IQAC) at Multani Mal Modi College Patiala
- 8 Attended UGC Sponsored Faculty Development Programme on “Emerging Issues & Challenges in Higher Education” from 17th July to 22nd 2019 Organised by Internal Quality Assurance Cell (IQAC) at Multani Mal Modi College Patiala

Achievements, Awards and Recognitions

1. **“Special Award of Honour”** for the contribution made towards the winning of **“MAKA Trophy”** 2008-09 on Annual Sports Prize Distribution Function 2009-10 from **Vice Chancellor** Punjabi University Patiala
2. **Awards of Honour’s Excellences** in sports received from **vice chancellor** Punjabi University Patiala during the sports function for the session 2010-11
3. **“Award of Excellence”** towards winning the most prestigious **“MAKA TROPHY”** exhibiting marvelous devotion perseverance and dedication on Annual Sports Prize Distribution Function 2011-12 & 2012-13 held 5th March 2014 from **Vice Chancellor** Punjabi University Patiala

4. **Awards of Honour's Excellences** in sports received from **vice chancellor** Punjabi University Patiala during the sports function for the session 2013-14.
5. **Awards of Honour's Excellences** in sports received from **vice chancellor** Punjabi University Patiala during the sports function for the session 2014-15.
6. **"Award of Excellence"** Presented for invaluable contribution in the field of Sports with the second highest number of winning participants at the Inter University , National and International level towards winning the most prestigious **"MAKA TROPHY"** exhibiting marvelous devotion perseverance and dedication on Annual Sports Prize Distribution Function 2015-16 held 3rd June 2018 from **Vice Chancellor** Punjabi University Patiala
7. **Awards of Honour's Excellences** in sports received from **vice chancellor** Punjabi University Patiala during the sports function for the session 2016-17.
8. **"Admiration Award"** 2019 for outstanding contribution in TAEKWONDO on World Taekwondo Day from Punjab Taekwondo Association (Jalandhar)

Membership

- Member Board of Faculty of Education & Information Science, Punjabi University, Patiala (1st April 2019 to 11th January 2021).

Sports Selection Committee Membership of Punjabi University Patiala

SESSION 2004-2005

- Selection Committee Member of Punjabi University TENNIS Team (men) Session 2004-2005
- Selection Committee Member of Punjabi University AIR- RIFLE SHOOTING Team (men & women) Session 2004-2005
- Selection Committee Member of Punjabi University FENCING Team (men) Session 2004-2005
- Selection Committee Member of Punjabi University JUDO Team (men) Session 2004-2005
- Selection Committee Member of Punjabi University TABLE- TENNIS Team (women) Session 2004-2005
- Selection Committee Member of Punjabi University AIR- PISTOL SHOOTING Team (men & women) Session 2004-2005

SESSION 2005-2006

- Selection Committee Member of Punjabi University TENNIS Team (men) Session 2005-2006
- Selection Committee Member of Punjabi University AIR- RIFLE SHOOTING Team (men) Session 2005-2006
- Selection Committee Member of Punjabi University AIR- RIFLE SHOOTING Team (women) Session 2005-2006
- Selection Committee Member of Punjabi University TABLE- TENNIS Team (women) Session 2005-2006
- Selection Committee Member of Punjabi University AIR- PISTOL SHOOTING Team (men) Session 2005-2006
- Selection Committee Member of Punjabi University JUDO Team (men) Session 2005-2006
- Selection Committee Member of Punjabi University FENCING Team (women) Session 2005-2006

SESSION 2006-2007

- Selection Committee Member of Punjabi University AIR- RIFLE SHOOTING Team (men) Session 2006-2007
- Selection Committee Member of Punjabi University AIR- RIFLE SHOOTING Team (women) Session 2006-2007
- Selection Committee Member of Punjabi University CRICKET Team (men) Session 2006-2007
- Selection Committee Member of Punjabi University AIR- PISTOL SHOOTING Team (women) Session 2006-2007
- Selection Committee Member of Punjabi University AIR- PISTOL SHOOTING Team (women) Session 2006-2007
- Selection Committee Member of Punjabi University BADMINTON Team (men) Session 2006-2007
- Selection Committee Member of Punjabi University JUDO Team (men) Session 2006-2007
- Selection Committee Member of Punjabi University FENCING Team (women) Session 2006-2007

SESSION 2007-2008

- Selection Committee Member of Punjabi University AIR- RIFLE SHOOTING Team (men) Session 2007-2008
- Selection Committee Member of Punjabi University AIR- RIFLE SHOOTING Team (women) Session 2007-2008
- Selection Committee Member of Punjabi University CRICKET Team (men) Session 2007-2008
- Selection Committee Member of Punjabi University AIR- PISTOL SHOOTING Team (women) Session 2007-2008
- Selection Committee Member of Punjabi University GYMNASTICS Team (women) Session 2007-2008
- Selection Committee Member of Punjabi University TENNIS Team (men & women) Session 2007-2008
- Selection Committee Member of Punjabi University BADMINTON Team (men) Session 2007-2008
- Selection Committee Member of Punjabi University JUDO Team (men) Session 2007-2008
- Selection Committee Member of Punjabi University FENCING Team (women) Session 2006-2007

SESSION 2008-2009

- Selection Committee Member of Punjabi University FOOTBALL Team (men) Session 2008-2009
- Selection Committee Member of Punjabi University GYMNASTICS Team (men & women) Session 2008-2009
- Selection Committee Member of Punjabi University JUDO Team (men & women) Session 2008-2009
- Selection Committee Member of Punjabi University SQUASH RACKET Team (men) Session 2008-2009
- Selection Committee Member of Punjabi University SWIMMING Team (men & women) Session 2008-2009
- Selection Committee Member of Punjabi University SOFTBALL Team (men & women) Session 2008-2009

- Selection Committee Member of Punjabi University BOXING Team (men & women) Session 2008-2009
- Selection Committee Member of Punjabi University TABLE-TENNIS Team (men & women) Session 2008-2009
- Selection Committee Member of Punjabi University BADMINTON Team (men & women) Session 2008-2009
- Selection Committee Member of Punjabi University WEIGHT LIFTING Team (men & women) Session 2008-2009
- Selection Committee Member of Punjabi University POWER LIFTING Team (men & women) Session 2008-2009
- Selection Committee Member of Punjabi University BEST PHYSIQUE Team (men) Session 2008-2009
- Selection Committee Member of Punjabi University WRESTLING Team (men & women) Session 2008-2009
- Selection Committee Member of Punjabi University TENNIS Team (men & women) Session 2008-2009
- Selection Committee Member of Punjabi University ARCHERY Team (men & women) Session 2008-2009
- Selection Co2008-2009mmittee Member of Punjabi University CYCLING Team (men & women) Session 2008-2009
- Selection Committee Member of Punjabi University VOLLEYBALL Team (men) Session 2008-2009

SESSION 2009-2010

- Selection Committee Member of Punjabi University FOOTBALL Team (men) Session 2009-2010
- Selection Committee Member of Punjabi University GYMNASTICS Team (men & women) Session 2009-2010
- Selection Committee Member of Punjabi University JUDO Team (men & women) Session 2009-2010
- Selection Committee Member of Punjabi University SQUASH RACKET Team (men) Session 2009-2010
- Selection Committee Member of Punjabi University SWIMMING Team (men & women) Session 2009-2010

- Selection Committee Member of Punjabi University SOFTBALL Team (men & women) Session 2009-2010
- Selection Committee Member of Punjabi University BOXING Team (men & women) Session 2009-2010
- Selection Committee Member of Punjabi University TABLE-TENNIS Team (men & women) Session 2009-2010
- Selection Committee Member of Punjabi University BADMINTON Team (men & women) Session 2009-2010
- Selection Committee Member of Punjabi University WEIGHT LIFTING Team (men & women) Session 2009-2010
- Selection Committee Member of Punjabi University POWER LIFTING Team (men & women) Session 2009-2010
- Selection Committee Member of Punjabi University BEST PHYSIQUE Team (men) Session 2009-2010
- Selection Committee Member of Punjabi University WRESTLING Team (men & women) Session 2009-2010
- Selection Committee Member of Punjabi University TENNIS Team (men & women) Session 2009-2010
- Selection Committee Member of Punjabi University ARCHERY Team (men & women) Session 2009-2010
- Selection Committee Member of Punjabi University CYCLING Team (men & women) Session 2009-2010
- Selection Committee Member of Punjabi University VOLLEYBALL Team (men) Session 2009-2010
- Selection Committee Member of Punjabi University YATCHING Team (men & women) Session 2009-2010
- Selection Committee Member of Punjabi University AIR- PISTOL & AIR-RIFLE SHOOTING Team (men &women) Session 2009-2010

SESSION 2010-2011

- Selection Committee Member of Punjabi University AIR- PISTOL & AIR-RIFLE SHOOTING Team (men &women) Session 2010-2011
- Selection Committee Member of Punjabi University AIR- PISTOL SHOOTING Team (women) Session 2006-2007
- Selection Committee Member of Punjabi University FOOTBALL Team (men) Session 2010-2011

- Selection Committee Member of Punjabi University GYMNASTICS Team (men & women) Session 2010-2011
- Selection Committee Member of Punjabi University JUDO Team (men & women) Session 2010-2011
- Selection Committee Member of Punjabi University SQUASH RACKET Team (men) Session 2010-2011
- Selection Committee Member of Punjabi University SWIMMING Team (men & women) Session 2010-2011
- Selection Committee Member of Punjabi University SOFTBALL Team (men & women) Session 2010-2011
- Selection Committee Member of Punjabi University BOXING Team (men & women) Session 2010-2011
- Selection Committee Member of Punjabi University TABLE-TENNIS Team (men & women) Session 2010-2011
- Selection Committee Member of Punjabi University BADMINTON Team (men & women) Session 2010-2011
- Selection Committee Member of Punjabi University WEIGHT LIFTING Team (men & women) Session 2010-2011
- Selection Committee Member of Punjabi University POWER LIFTING Team (men & women) Session 2010-2011
- Selection Committee Member of Punjabi University BEST PHYSIQUE Team (men) Session 2010-2011
- Selection Committee Member of Punjabi University WRESTLING Team (men & women) Session 2010-2011
- Selection Committee Member of Punjabi University TENNIS Team (men & women) Session 2010-2011
- Selection Committee Member of Punjabi University ARCHERY Team (men & women) Session 2010-2011
- Selection Committee Member of Punjabi University CYCLING Team (men & women) Session 2010-2011
- Selection Committee Member of Punjabi University VOLLEYBALL Team (men) Session 2010-2011
- Selection Committee Member of Punjabi University YATCHING Team (men & women) Session 2010-2011

SESSION 2011-2012

- Selection Committee Member of Punjabi University AIR- PISTOL & AIR-RIFLE SHOOTING Team (men & women) Session 2011-2012
- Selection Committee Member of Punjabi University AIR- PISTOL SHOOTING Team (women) Session 2011-2012
- Selection Committee Member of Punjabi University FOOTBALL Team (men) Session 2011-2012
- Selection Committee Member of Punjabi University GYMNASTICS Team (men & women) Session 2011-2012
- Selection Committee Member of Punjabi University JUDO Team (men & women) Session 2011-2012
- Selection Committee Member of Punjabi University SQUASH RACKET Team (men) Session 2011-2012
- Selection Committee Member of Punjabi University SWIMMING Team (men & women) Session 2011-2012
- Selection Committee Member of Punjabi University SOFTBALL Team (men & women) Session 2011-2012
- Selection Committee Member of Punjabi University BOXING Team (men & women) Session 2011-2012
- Selection Committee Member of Punjabi University TABLE-TENNIS Team (men & women) Session 2011-2012
- Selection Committee Member of Punjabi University BADMINTON Team (men & women) Session 2011-2012
- Selection Committee Member of Punjabi University WEIGHT LIFTING Team (men & women) Session 2011-2012
- Selection Committee Member of Punjabi University POWER LIFTING Team (men & women) Session 2011-2012
- Selection Committee Member of Punjabi University BEST PHYSIQUE Team (men) Session 2011-2012
- Selection Committee Member of Punjabi University WRESTLING Team (men & women) Session 2011-2012
- Selection Committee Member of Punjabi University TENNIS Team (men & women) Session 2011-2012
- Selection Committee Member of Punjabi University ARCHERY Team (men & women) Session 2011-2012
- Selection Committee Member of Punjabi University CYCLING Team (men & women) Session 2011-2012
- Selection Committee Member of Punjabi University VOLLEYBALL Team (men) Session 2011-2012

- Selection Committee Member of Punjabi University YATCHING Team (men & women) Session 2011-2012
- Selection Committee Member of Punjabi University ARCHERY Team (men) Session 2011-2012
- Selection Committee Member of Punjabi University ARCHERY Team (men) Session 2011-2012

SESSION 2012-2013

- Selection Committee Member of Punjabi University AIR- PISTOL & AIR-RIFLE SHOOTING Team (men & women) Session 2012-2013
- Selection Committee Member of Punjabi University GYMNASTICS Team (men & women) Session 2012-2013
- Selection Committee Member of Punjabi University JUDO Team (men & women) Session 2012-2013
- Selection Committee Member of Punjabi University SQUASH RACKET Team (men) Session 2012-2013
- Selection Committee Member of Punjabi University AQUATICS Team (men & women) Session 2012-2013
- Selection Committee Member of Punjabi University BOXING Team (men & women) Session 2012-2013
- Selection Committee Member of Punjabi University BADMINTON Team (men & women) Session 2012-2013
- Selection Committee Member of Punjabi University POWER LIFTING Team (men & women) Session 2012-2013
- Selection Committee Member of Punjabi University BEST PHYSIQUE Team (men) Session 2012-2013
- Selection Committee Member of Punjabi University TENNIS Team (men & women) Session 2012-2013
- Selection Committee Member of Punjabi University ARCHERY Team (men & women) Session 2012-2013
- Selection Committee Member of Punjabi University CYCLING Team ROAD (men & women) Session 2012-2013
- Selection Committee Member of Punjabi University CYCLING Team TRACK (men) Session 2012-2013
- Selection Committee Member of Punjabi University TAEKWONDO Team (men) Session 2012-2013

- Selection Committee Member of Punjabi University TABLE-TENNIS Team (men & women) Session 2012-2013
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SESSION 2013-2014

- Selection Committee Member of Punjabi University ARCHERY Team (men) Session 2013-2014
- Selection Committee Member of Punjabi University AIR- PISTOL & AIR-RIFLE SHOOTING Team (men & women) Session 2013-2014
- Selection Committee Member of Punjabi University GYMNASTICS Team (men & women) Session 2013-2014
- Selection Committee Member of Punjabi University JUDO Team (men & women) Session 2013-2014
- Selection Committee Member of Punjabi University SQUASH RACKET Team (men) Session 2013-2014
- Selection Committee Member of Punjabi University AQUATICS Team (men & women) Session 2013-2014
- Selection Committee Member of Punjabi University BOXING Team (men & women) Session 2013-2014
- Selection Committee Member of Punjabi University BADMINTON Team (men & women) Session 2013-2014
- Selection Committee Member of Punjabi University POWER LIFTING Team (men & women) Session 2013-2014
- Selection Committee Member of Punjabi University BEST PHYSIQUE Team (men) Session 2013-2014
- Selection Committee Member of Punjabi University TENNIS Team (men & women) Session 2013-2014
- Selection Committee Member of Punjabi University ARCHERY Team (men & women) Session 2013-2014
- Selection Committee Member of Punjabi University CYCLING Team ROAD (men & women) Session 2013-2014
- Selection Committee Member of Punjabi University CYCLING Team TRACK (men) Session 2013-2014
- Selection Committee Member of Punjabi University TAEKWONDO Team (men) Session 2013-2014
- Selection Committee Member of Punjabi University ARCHERY Team (men) Session 2013-2014
- Selection Committee Member of Punjabi University ARCHERY Team (men) Session 2013-2014

- Selection Committee Member of Punjabi University TABLE-TENNIS Team (men & women) Session 2013-2014

SESSION 2014-2015

- Selection Committee Member of Punjabi University AIR- PISTOL & AIR-RIFLE SHOOTING Team (men & women) Session 2014-2015
- Selection Committee Member of Punjabi University GYMNASTICS Team (men & women) Session 2014-2015
- Selection Committee Member of Punjabi University JUDO Team (men & women) Session 2014-2015
- Selection Committee Member of Punjabi University SQUASH RACKET Team (men) Session 2014-2015
- Selection Committee Member of Punjabi University AQUATICS Team (men & women) Session 2014-2015
- Selection Committee Member of Punjabi University BOXING Team (men & women) Session 2014-2015
- Selection Committee Member of Punjabi University BADMINTON Team (men & women) Session 2014-2015
- Selection Committee Member of Punjabi University POWER LIFTING Team (men & women) Session 2014-2015
- Selection Committee Member of Punjabi University BEST PHYSIQUE Team (men) Session 2014-2015
- Selection Committee Member of Punjabi University TENNIS Team (men & women) Session 2014-2015
- Selection Committee Member of Punjabi University ARCHERY Team (men & women) Session 2014-2015
- Selection Committee Member of Punjabi University CYCLING Team ROAD (men & women) Session 2014-2015
- Selection Committee Member of Punjabi University TABLE-TENNIS Team (men & women) Session 2014-2015
- Selection Committee Member of Punjabi University CYCLING Team TRACK (men) Session 2014-2015
- Selection Committee Member of Punjabi University TAEKWONDO Team (men) Session 2014-2015

SESSION 2015-2016

- Selection Committee Member of Punjabi University ARCHERY Team (men) Session 2015-2016
- Selection Committee Member of Punjabi University AIR- PISTOL & AIR-RIFLE SHOOTING Team (men & women) Session 2015-2016
- Selection Committee Member of Punjabi University GYMNASTICS Team (men & women) Session 2015-2016
- Selection Committee Member of Punjabi University JUDO Team (men & women) Session 2015-2016
- Selection Committee Member of Punjabi University SQUASH RACKET Team (men) Session 2015-2016
- Selection Committee Member of Punjabi University AQUATICS Team (men & women) Session 2015-2016
- Selection Committee Member of Punjabi University BOXING Team (men & women) Session 2015-2016
- Selection Committee Member of Punjabi University BADMINTON Team (men & women) Session 2015-2016
- Selection Committee Member of Punjabi University POWER LIFTING Team (men & women) Session 2015-2016
- Selection Committee Member of Punjabi University BEST PHYSIQUE Team (men) Session 2015-2016
- Selection Committee Member of Punjabi University TENNIS Team (men & women) Session 2015-2016
- Selection Committee Member of Punjabi University ARCHERY Team (men & women) Session 2015-2016
- Selection Committee Member of Punjabi University CYCLING Team ROAD (men & women) Session 2015-2016
- Selection Committee Member of Punjabi University CYCLING Team TRACK (men) Session 2015-2016
- Selection Committee Member of Punjabi University TAEKWONDO Team (men) Session 2015-2016
- Selection Committee Member of Punjabi University ARCHERY Team (men) Session 2015-2016
- Selection Committee Member of Punjabi University ARCHERY Team (men) Session 2015-2016
- Selection Committee Member of Punjabi University TABLE-TENNIS Team (men & women) Session 2015-2016
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SESSION 2016-2017

- Selection Committee Member of Punjabi University ARCHERY Team (men) Session 2016-2017
- Selection Committee Member of Punjabi University AIR- PISTOL & AIR-RIFLE SHOOTING Team (men & women) Session 2016-2017
- Selection Committee Member of Punjabi University GYMNASTICS Team (men & women) Session 2016-2017
- Selection Committee Member of Punjabi University JUDO Team (men & women) Session 2016-2017
- Selection Committee Member of Punjabi University SQUASH RACKET Team (men) Session 2016-2017
- Selection Committee Member of Punjabi University AQUATICS Team (men & women) Session 2016-2017
- Selection Committee Member of Punjabi University BOXING Team (men & women) Session 2016-2017
- Selection Committee Member of Punjabi University BADMINTON Team (men & women) Session 2016-2017
- Selection Committee Member of Punjabi University POWER LIFTING Team (men & women) Session 2016-2017
- Selection Committee Member of Punjabi University BEST PHYSIQUE Team (men) Session 2016-2017
- Selection Committee Member of Punjabi University TENNIS Team (men & women) Session 2016-2017
- Selection Committee Member of Punjabi University ARCHERY Team (men & women) Session 2016-2017
- Selection Committee Member of Punjabi University CYCLING Team ROAD (men & women) Session 2016-2017
- Selection Committee Member of Punjabi University CYCLING Team TRACK (men) Session 2016-2017
- Selection Committee Member of Punjabi University TAEKWONDO Team (men) Session 2016-2017
- Selection Committee Member of Punjabi University GATKA Team (men & women) Session 2016-2017
- Selection Committee Member of Punjabi University TABLE-TENNIS Team (men) Session 2016-2017
- Selection Committee Member of Punjabi University AMERICAN FOOTBALL Team (men) Session 2016-2017

- Selection Committee Member of Punjabi University FENCING Team (men) Session 2016-2017
- Selection Committee Member of Punjabi University WRESTLING Team (men) Session 2016-2017
- Selection Committee Member of Punjabi University WEIGHT LIFTING Team (men) Session 2016-2017
- Selection Committee Member of Punjabi University CYCLING Team ROAD (men) Session 2016-2017
- Selection Committee Member of Punjabi University FENCING Team (men) Session 2016-2017

SESSION 2017-2018

- Selection Committee Member of Punjabi University ARCHERY Team (men) Session 2017-2018
- Selection Committee Member of Punjabi University AIR- PISTOL & AIR-RIFLE SHOOTING Team (men & women) Session 2017-2018
- Selection Committee Member of Punjabi University GYMNASTICS Team (men & women) Session 2017-2018
- Selection Committee Member of Punjabi University JUDO Team (men & women) Session 2017-2018
- Selection Committee Member of Punjabi University SQUASH RACKET Team (men) Session 2017-2018
- Selection Committee Member of Punjabi University AQUATICS Team (men & women) Session 2017-2018
- Selection Committee Member of Punjabi University BOXING Team (men & women) Session 2017-2018
- Selection Committee Member of Punjabi University BADMINTON Team (men & women) Session 2017-2018
- Selection Committee Member of Punjabi University POWER LIFTING Team (men & women) Session 2017-2018
- Selection Committee Member of Punjabi University BEST PHYSIQUE Team (men) Session 2017-2018
- Selection Committee Member of Punjabi University TENNIS Team (men & women) Session 2017-2018
- Selection Committee Member of Punjabi University CANOEING & KAYAKING Team (men & women) Session 2017-2018

- Selection Committee Member of Punjabi University CYCLING Team ROAD (men & women) Session 2017-2018
- Selection Committee Member of Punjabi University CYCLING Team TRACK (men) Session 2017-2018
- Selection Committee Member of Punjabi University TAEKWONDO Team (men & women) Session 2017-2018
- Selection Committee Member of Punjabi University SOFT-TENNIS Team (men) Session 2017-2018
- Selection Committee Member of Punjabi University WRESTLING Team (men & women) Session 2017-2018
- Selection Committee Member of Punjabi University E-SPORTS Team (men & women) Session 2017-2018
- Selection Committee Member of Punjabi University ATHLETICS Team (men & women) Session 2017-2018
- Selection Committee Member of Punjabi University WRESTLING Team (men & women) Session 2017-2018
- Selection Committee Member of Punjabi University BASKET BALL Team (men & women) Session 2017-2018
- Selection Committee Member of Punjabi University FOOTBALL Team (women) Session 2017-2018
- Selection Committee Member of Punjabi University YACHTING Team (men & women) Session 2017-2018
- Selection Committee Member of Punjabi University WUSHU Team (men & women) Session 2017-2018
- Selection Committee Member of Punjabi University TABLE-TENNIS Team (men & women) Session 2017-2018

SESSION 2018-2019

- Selection Committee Member of Punjabi University ATHLETICS Team (men) Session 2018-2019
- Selection Committee Member of Punjabi University AIR- PISTOL & AIR-RIFLE SHOOTING Team (men & women) Session 2018-2019
- Selection Committee Member of Punjabi University GYMNASTICS Team (men & women) Session 2018-2019
- Selection Committee Member of Punjabi University JUDO Team (men & women) Session 2018-2019

- Selection Committee Member of Punjabi University SQUASH RACKET Team (men) Session 2018-2019
- Selection Committee Member of Punjabi University AQUATICS Team (men & women) Session 2018-2019
- Selection Committee Member of Punjabi University BOXING Team (men & women) Session 2018-2019
- Selection Committee Member of Punjabi University BADMINTON Team (men & women) Session 2018-2019
- Selection Committee Member of Punjabi University POWER LIFTING Team (men & women) Session 2018-2019
- Selection Committee Member of Punjabi University BEST PHYSIQUE Team (men) Session 2018-2019
- Selection Committee Member of Punjabi University TENNIS Team (men & women) Session 2018-2019
- Selection Committee Member of Punjabi University ARCHERY Team (men & women) Session 2018-2019
- Selection Committee Member of Punjabi University CYCLING Team ROAD (men & women) Session 2018-2019
- Selection Committee Member of Punjabi University CYCLING Team TRACK (men) Session 2018-2019
- Selection Committee Member of Punjabi University TAEKWONDO Team (men & women) Session 2018-2019
- Selection Committee Member of Punjabi University PENCAK SILAT Team (men & women) Session 2018-2019
- Selection Committee Member of Punjabi University WUSHU Team (men & women) Session 2018-2019
- Selection Committee Member of Punjabi University E-SPORTS Team (men & women) Session 2018-2019
- Selection Committee Member of Punjabi University WUSHU Team (men & women) Session 2018-2019
- Selection Committee Member of Punjabi University TABLE-TENNIS Team (men & women) Session 2018-2019
- Selection Committee Member of Punjabi University CRICKET Team (men) Session 2018-2019
- Selection Committee Member of Punjabi University ROWING Team (men & women) Session 2018-2019
- Selection Committee Member of Punjabi University CANOEING & KAYAKING Team (men & women) Session 2018-2019

- Selection Committee Member of Punjabi University WRESTLING Team (men & women) Session 2018-2019

SESSION 2019-2020

- Selection Committee Member of Punjabi University ARCHERY Team (men & women) Session 2019-2020
- Selection Committee Member of Punjabi University AIR- PISTOL & AIR-RIFLE SHOOTING Team (men & women) Session 2019-2020
- Selection Committee Member of Punjabi University GYMNASTICS Team (men & women) Session 2019-2020
- Selection Committee Member of Punjabi University JUDO Team (men & women) Session 2019-2020
- Selection Committee Member of Punjabi University SQUASH RACKET Team (men & women) Session 2019-2020
- Selection Committee Member of Punjabi University AQUATICS Team (men & women) Session 2019-2020
- Selection Committee Member of Punjabi University BOXING Team (men & women) Session 2019-2020
- Selection Committee Member of Punjabi University BADMINTON Team (men & women) Session 2019-2020
- Selection Committee Member of Punjabi University POWER LIFTING Team (men & women) Session 2019-2020
- Selection Committee Member of Punjabi University BEST PHYSIQUE Team (men) Session 2019-2020
- Selection Committee Member of Punjabi University TENNIS Team (men & women) Session 2019-2020
- Selection Committee Member of Punjabi University PENCAK SILAT Team (men & women) Session 2019-2020
- Selection Committee Member of Punjabi University CYCLING Team ROAD (men & women) Session 2019-2020
- Selection Committee Member of Punjabi University CYCLING Team TRACK (men) Session 2019-2020
- Selection Committee Member of Punjabi University TAEKWONDO Team (men & women) Session 2019-2020
- Selection Committee Member of Punjabi University WUSHU Team (men & women) Session 2019-2020

- Selection Committee Member of Punjabi University WRESTLING Team (men & women) Session 2019-2020
- Selection Committee Member of Punjabi University KHO-KHO Team (men & women) Session 2019-2020
- Selection Committee Member of Punjabi University BASKET BALL Team (men) Session 2019-2020
- Selection Committee Member of Punjabi University FOOTBALL Team (men & women) Session 2019-2020
- Selection Committee Member of Punjabi University GATKA Team (men & women) Session 2019-2020
- Selection Committee Member of Punjabi University FENCING Team (men & women) Session 2019-2020
- Selection Committee Member of Punjabi University ROWING Team (men & women) Session 2019-2020
- Selection Committee Member of Punjabi University CANOEING & KAYAKING Team (men & women) Session 2019-2020
- Selection Committee Member of Punjabi University SOFT TENNIS Team (men & women) Session 2019-2020
- Selection Committee Member of Punjabi University ATHLETICS Team (men & women) Session 2019-2020
- Selection Committee Member of Punjabi University E-SPORTS Team (men & women) Session 2019-2020
- Selection Committee Member of Punjabi University TABLE-TENNIS Team (men & women) Session 2019-2020
- Selection Committee Member of Punjabi University WEIGHT LIFTING Team (men & women) Session 2019-2020